



January 2010

Message from the Co-Chairs

Happy 2010! What a busy and productive fall we had!

Our EIC Retreat in October had a very good turnout. The focus of the retreat was on the successes and inroads that EIC has made in the early intervention community over the past two years. Highlighted were; carnivals, playdates, mailings to physicians, media alerts, presentations to childcare providers and at conferences, development of posters and brochures with the new EIC logo, posting information on Community Links, addressing systematic issues and changes, professional trainings on feeding, behavior, toileting and sleep, EI Foundations training for all new employees, providing community resources and event listings through an email distribution list, and the development of a survey and evaluation form to elicit new membership at events. All these accomplishments and more are a direct result of the timeless work and commitment by the membership of EIC to provide quality educational services and resources to children and families in the early intervention community.

In November, there was a great turnout for the feeding training, "What Do We Do Now?" Joanne Kliss, an Occupational Therapist and Feeding Therapist at the CAIU, gave families, professionals and providers a good understanding of basic feeding issues and provided teaching strategies that work with feeding challenges for children.

In this newsletter you will find information about upcoming events and meetings. We hope that you will come out and support the efforts of our Early Intervention community.

Should you have any questions or need further information, please contact Ann Timashenka, Professional Co-Chair at 717-732-8400, ext. 8537, atimashe@caiu.org, or Linda Burkley, Parent Co-Chair, lindaburkley@verizon.net.

Upcoming Events

Make sure you have the following EIC events on your calendar!

[Provider Networking Breakfast](#)

January 12, 2010 from 7:30-9:00 am at the CAIU Hill Top Academy

[EIC General Membership Meeting](#)

January 21, 2010 from 10:00-12:00 am at the CAIU in Enola

[EI Foundations Training](#)

January 26, 2010 from 8:00-3:30 pm at the CAIU in Enola

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Next EIC Meeting-

January 21, 2010

10-12:00 pm

CAIU

55 Miller St.

Enola, PA

17025-1640

(717) 732-8400, X8537

Events

You are invited! *Networking Breakfast*

*January 12, 2010
CAIU Hill Top Academy
7:30-9:00 am*

Please come to a networking breakfast for all providers and service coordinators who serve children ages 0-5. Learn about the mission of EIC (Early Intervention Connections) and the committees that serve children and families in the community. Information about the Pediatric treadmill at UCP and SI/TAC (provision of communication services) will be provided.

We hope that you will make time to come to meet and greet your colleagues in the field of early intervention!



Please respond to Lauren Mahoney by January 5th. You may email lmahoney@caiu.org or call 717-732-8400, X 8379.

See you soon!

Resources — *(The resources provided in this section are not events sponsored or provided by EIC. Please see the contacts listed for more information or registration. This section is to be used as a community resource not as a recommendation, promotion or endorsement by EIC.)*

Mommy & Me Sign

Back by Popular Demand!

Mommy & Me Sign!
Fridays, January 8-29, 2010
9:30-10:30am
\$60
(additional \$10 for 2nd caregiver)

Mommy & Me Sign 2!
(Prerequisite Mommy & Me Sign!)
Fridays, January 8-29, 2010
9:30-10:30am
\$60
(additional \$10 for 2nd caregiver)

Sing, Sign & Storytime! Parents learn how easy it is to use American Sign Language signs to empower your children with enhanced communication, language, and even educational skills! Reduce frustration for your child (and for yourself) by giving him/her the power to communicate. Learn how to reduce the "guesswork" of communication. Enjoy stories, songs, and other activities with your child!

Mommy & Me Sign!

Class 1: First Signs

Class 2: Snack & Mealtime

Class 3: Bath & Body

Class 4: Diapers & Potty



Photo by In the Moment Photography by Hollis

Mommy & Me Sign 2! (Prerequisite Mommy & Me Sign!)

Class 1: Clothes & Dressing

Class 2: Bedtime

Class 3: Favorite Animals

Class 4: Family

Baby signing classes offer both adults and young ones have the opportunity to learn and engage in sign-friendly activities, including songs, stories, rhymes and other hands-on fun. Children of all ages are welcome to attend, though baby signing instruction is primarily geared toward communicating with children birth to 18 months old. For more information about the benefits of signing, [click here](#).

Mommy & Me Sign classes are geared toward communication with infants and children with normal hearing. All information is based primarily on research conducted by [Joseph Garcia](#), author of the [Sign With Your Baby](#) book.

Baby signing classes are instructed by Cynthia Shultz, MS. Cynthia is a graduate of Bloomsburg University of PA for both her Bachelor of Science and Master of Science Degrees. Having graduated with her Master's Degree in 1988, she taught in the fields of Special Education and Education of the Deaf and Hard-of-Hearing for almost ten years before staying at home with her own family, teaching sign language on a part-time basis. For the past 14 years, Cynthia has been instructing teachers, speech-language pathologists, and other professionals who work with children how to sign and implement signs into their daily interactions with children.

www.a-sign-of-love.com

(5 person minimum to hold class) Pre-paid registration required by January 6th.

To Register:
email Holly at holly@ombabycenter.com
or call (717) 761-4975

Classes held at:
Om Baby Pregnancy & Parenting Center
834 Rear Market Street, Lemoyne, PA 17043

Music Together

Why Early Childhood Music?

Saturday, February 6, 2009

12:30 - 1:30pm

\$15

(15% sibling discount)

Music Together is a fun, family music program for children ages birth to 5 and the grown-ups who love them. Classes are a community of families sharing songs, instrument play, rhythm chants, and movement activities in a relaxed, playful, non-performance-oriented setting. Adults, babies, toddlers, and preschoolers join together to make family music. There is a series of 4 workshops that will be presented.

Babies Can't Sing?

At this workshop you will learn about current research on the ability of very young children to acquire musical skills. Bring your child and watch as s/he responds to both tones and rhythm. Learn ways to introduce your baby, toddler, or preschool child to the basics of making music.

Why Early Childhood Music?

Children who can sing in tune and to the correct rhythm do better in other school subjects. Learn about the most recent research and participate in activities that demonstrate the connections between music and other skills.

How to Teach Your Child to Sing

In this workshop you will learn the basics of how children learn music and how you can teach your child at home. Adult music ability NOT required.

Prenatal Music Class

Learn about international lullabies and the tradition of singing to babies. Parents will participate in writing a song for your unborn child.

Music Together is taught by Kathy Eckhaus. She has a Master's Degree in Education and more than 20 years experience in the field of education, including 11 years in early childhood settings. She trained at the Center for Music and Young Children in Princeton, New Jersey and is a registered Music Together teacher. Ms. Eckhaus studied piano, voice and flute and taught herself basic guitar. She loves music and enjoys sharing that love with children and their families. Kathy spent 3 years teaching in Malaysia for the Peace Corps and has traveled extensively in India, Europe, Latin America and Southeast Asia. She adds a multicultural dimension to her classes and introduces families to instruments and songs from around the world.

Pre-paid registration required by February 4th.

To Register:
e-mail Holly at holly@ombabycenter.com
or call (717) 761-4975

Class held at:
Om Baby Pregnancy & Parenting Center
834 Rear Market Street, Lemoyne, PA 17043

Tears and Tantrums:

How to Be with Babies and Children

Saturday, March 6, 2010

1:00 - 3:00pm

\$30

(additional \$10 for 2nd caregiver)

This half day seminar is designed for parents and caregivers to gain an understanding of the physiological needs, functions and benefits of crying and tantrums, as well as improve their own comfort, confidence and ability to respond in a helpful manner. Tantrums are not only normal behavior, but they are great opportunities to actually improve your child's emotional health and well being, and strengthen your relationship with your child at the same time. This workshop will be adapted to suit parents with children of various ages.

Tears and Tantrums is being presented by Pam Moran. Pam is a Licensed Social Worker (LSW), Psychotherapist, and Childbirth Labor Assistant specializing in attachment and bonding, parent-child relationships, and the treatment of stress, trauma, and severe behaviors. Pam has almost 20 years of experience working within the mental health, social services, child welfare, and school systems, as well as parenting two children of her own. She works with parents to follow their instincts, and to use a love-based, relationship-focused paradigm of parenting for long term emotional health.

Pam is the owner and director of [Center for Family Attachment and Healing](#), an organization providing attachment and trauma-informed services.

(5 person minimum to hold class) Pre-paid registration required by February 27th.

To Register:
email Holly at holly@ombabycenter.com
or call (717) 761-4975

Classes held at:
Om Baby Pregnancy & Parenting Center
834 Rear Market Street, Lemoyne, PA 17043

Committee Meetings

2009-10 EIC Meeting Schedule:

January 21, 2010

CAIU

Dogwood-Hemlock
Room

10:00-12:00 PM

May 27, 2010

CAIU

Dogwood-Hemlock
Room

10:00-12:00 PM

SICC Calendar (2009-10)

(12:00-3:00 at PATTAN in
Harrisburg)

February 4, 2010

April 1, 2010

June 3, 2010

*Parental and professional
involvement is essential. Our
community is diverse and we
need the input and support of
many to provide quality
services to young children
with disabilities and delays
and their families.*

The following committees meet periodically throughout the year to support the mission of the EIC and provide quality early intervention services to children and families. If you would like to join one of the committees or want more information, please contact one of the committees chairs listed below. We look forward to you joining our team!

Membership Committee

Chair- Cheryl Gundrum- 780-7048 or cgundrum@dauphinc.org

(Responsible for recruitment of members and planning for EIC meetings. This group also collaborates with other committees to disseminate information important to the early learning community, as well as upcoming events, workshops and celebrations.)

Family Outreach Group

Chair- Amy Reed - 240-6320 or areed@ccpa.net

(Will look at ways to include and engage families in the EIC as well as creating networking opportunities for them.)

Solutions Across Systems Committee

Chair- Eric Bostick - 732-8400 or ebostick@caiu.org

(Focuses on the efforts of OCDEL to develop a cohesive early intervention system (birth through the age of beginners) by implementing best practices at the local level. Will address issues and changes to send consistent information and messages to families, providers and agencies.)

Professional Development and Family Training Committee

Chair -Ann Timashenka - 732-8400 or atimashe@caiu.org

(Provides training opportunities for families, child care providers and professionals.)

Child Find Committee

Chair - Amy Swartz 240-6320 or aswartz@ccpa.net

(Provides information and outreach to primary referral resources. Actively identifying new referral sources.)



**May the brisk white days of winter refresh you and
bring you peace and happiness in the New Year!**